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THIMOTÉ POLET

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Student and high-level sportsman

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Thimoté is 20 years old, he is a student at the IUT, is taking a Dejeeps (sports training) at the Normandy sailing league and will participate in his first Transat Jacques Vabre on November 7th.

His background

Introduced to sailing by my father at a very young age, I joined the SNPH at the age of 6 to practice my passion. I quickly won medals in the French championships. As for my studies, I passed a Bac S at Claude Monet in sport study and since my integration in the IUT, I benefit from a school arrangement thanks to my status of high level sportsman.

In June 2021, I was crowned European Youth Champion with my crew "Helvetia Match Racing" and I finished 4th in the Tour Voile 2021 with the "Team Royan Atlantique". In November, I will start the Transat Jacques Vabre with my teammate Nicolas LEMARCHAND in Class 40.

Allier sport et études, un défi ?

Être sportif de haut niveau n'est pas chose simple, mais les établissements ont été vraiment à l'écoute de mes besoins ce qui facilite cette alliance. Il ne faut pas oublier l'aspect vie privée qui est important, dès fois il faut faire des compromis.

I love my city and I am proud to represent it during competitions

I am particularly attached to water sports (paddle, wingfoil, swimming, sailing ...), but I also like to run in the Montgeon forest or on the beach. Le Havre is also a cultural city, Perret, the Niemeyer library or local artists like Mascarade allow an enriching cultural diversity that I appreciate.

What next ?

I am interested in a business school, I leave myself the opportunity not to close the door to the commercial Master or to Sciences Po. On the sports side, nothing is official for the next Transat, but the desire is there, we'll see!

I also appreciate politics, I had the opportunity to participate in the regional elections in Normandy for Hervé Morin, an enriching experience and a passion that I want to continue to develop