CAMPUS
LE HAVRE-NORMANDIE

UN ÉTÉ EN FORME AU HAVRE

Un Été en forme gives you the chance to take part in a whole host of physical activities, and it's all free ! Yes, you read that right !

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"Le Havre en forme" : a sports policy for everyone

During the summer season, the city is transformed into a veritable playground with a multitude of sports and well-being activities supervised by qualified sports instructors. Hip-hop, zumba, yoga, boxing, archery, bubble footbal... take advantage of over thirty free sessions a day, with special time slots for students.

Try the joys of water sports !

Studying on a seaside campus also offers incredible opportunities for water sports. Paddle, kayak, swim in the sea... during the summer, free introductory courses are offered every day !

And that's not all ! Every summer, all the swimmung pools are open to you for just €1.

For more information on the sports programmes and facilities available :

un été en forme (https://lehavreenforme.fr/un-ete-en-forme) .